



**LITHGOW  
COMMUNITY  
PROJECTS INC**

Youthworx is a service of Lithgow Community Projects Inc (LCP).

Lithgow Community Projects is a **community based non-profit organisation** funded by Family and Community Services Specialist Homelessness Service (SHS) program.

LCP provides **support, information, accommodation and counseling services**, as well as coordinating a variety of social and recreational events and groups.

Other programs auspiced by LCP include:

- Lithgow Women & Children's Crisis Centre
- LCP Aboriginal Specialist Workers
- Lithgow Partnerships against Domestic Violence and Family Abuse
- Lithgow Community Drug Action Team
- STEP Program
- White Ribbon Day Events
- Band Events
- Art Exhibitions

We acknowledge the traditional custodians and carers of the land on which we live and work – the Wiradjuri Nation of peoples – and we pay our respects to the Elders past and present.

## HELPFUL PHONE NUMBERS

Emergencies: 000 Mobiles: 112

### LEGAL

Lithgow Police Station	6352 8399
Lithgow Court House	6351 3265
Elizabeth Evatt Community Legal Centre	1300 363 967
Law Access NSW	1300 888 529
Legal Aid Hotline (Children/Young People)	1800 101 810

### HEALTH

Lithgow Community Health Centre	6350 2750
Lithgow Hospital	6350 2300
Alcohol & Drug Service	1800 422 599
Blue Mtns Sexual Health Service	4784 6560
Mental Health Service	6354 0600
24 Hour Mental Health Service	1800 011 511

### HOUSING & ACCOMMODATION

Domestic Violence Line	1800 656 463
Youth Emergency Accommodation Line	1800 424 830
Housing NSW Temporary Accommodation	1800 152 152
Homeless Person's Hotline	1800 234 566
Lithgow Housing NSW Office	6351 2294
Lithgow Community Housing	6353 1184
Tenants Advice Service	1800 642 609

### SUPPORT & COUNSELLING

Lithgow Community Projects	6351 2230
Lithgow Community Health	6350 2750
Alcohol & Drug Counselling Comm Health	6350 2750
Centacare	6331 8944
Kids Helpline	1800 551 800
Lifeline	131 114
LINC Adolescent & Family Counselling	6352 2077
Lithgow Family Support	6351 4055
Mensline	1300 789 978
Rape Crisis Centre	1800 424 017
Twenty Ten Gay & Lesbian Counselling	1800 652 010
Victims of Crime Counselling	1800 633 063

### SPECIALIST SERVICES

Centrelink	131 021
Credit Line Financial Counselling	6332 3456
Family & Community Services	132 111
Disability Info Service	6332 2100
No Interest Loan Scheme	6352 2077
St Vincent de Paul	6351 3774
Salvation Army	6352 3515
Lithgow Taxi	6351 3305
Lithgow Railway Station	6352 3099

**YOUTH  
WORX**

**LITHGOW YOUTHWORX**  
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Find us on Facebook



**LITHGOW COMMUNITY PROJECTS INC**  
28 MAIN STREET LITHGOW NSW 2790

# YOUTH WORX



# HOW CAN WE HELP?

Youthworx provides outreach and supported accommodation for young people who are experiencing difficulties in their lives.

Youthworx was previously known as Lithgow Youth Housing. It was established in 1983 to provide medium term accommodation and support for young people who have no secure and safe place to stay.

We help with housing and provide emotional support to people between the ages of 16 and 24, and we provide a number of group programs and support to young people between the ages of 12 and 16.

Some of the programs we provide are:

## PRIMARY SCHOOL AGED

- **Youthworx Protective Behaviours**  
*after school on Mondays*

## HIGH SCHOOL AGED

- **Youthworx Girlz Group**  
*after school on Tuesdays*
- **Youthworx Music Group**  
*after school on Wednesdays*
- **Youthworx Art Group**  
*after school on Thursdays*

We also partner with local schools to run programs to meet different kids' needs.

- Help with **medium term housing** in the community for young people, or help to find other temporary and safe accommodation
- Help with information about **depression, domestic violence, sexual assault,** and other difficulties
- Referrals and assistance to work with other **government and non government agencies** such as Centrelink, Dept Education, Housing NSW, Family and Community Services etc.
- Practical support to find and set up a **new home, manage debts, access legal services or medical assistance**
- Workers who can listen and **help you to find a way** to manage any difficulties you may be facing
- Counselling for when things just seem too **overwhelming or confusing**
- **Court support**
- Life skills such as **cooking, budgeting, cleaning, job searching etc**
- Case Management: which means we can help you to **sort out how you want your life to be,** and what will help you get there
- **Support for families** of young people who are experiencing difficulties

